

MASSACHUSETTS DEPARTMENT OF PUBLIC HEALTH
IMMUNIZATION PROGRAM

**PROOF OF IMMUNITY
FOR CHILD CARE STAFF**

In accordance with Department of Early Education and Care (EEC) regulations, all child care staff (including nursery and preschool programs if licensed by EEC) must provide proof of immunity to measles, mumps and rubella. **The criteria for adequate proof of immunity** are as follows:

- For staff born **before 1957 in the U.S.**:
 - These individuals are considered immune to measles, mumps **and** rubella and do not need any further documentation. However, it is recommended that women who could become pregnant receive 1 dose of MMR vaccine regardless of age.
- For all staff born **in or after 1957**, regardless of country of birth:
 - **2** doses of MMR vaccine (or **2** doses of a measles-containing vaccine and 1 dose each of mumps and rubella vaccines); or
 - Laboratory tests to confirm immunity to measles, mumps and rubella.
- For staff born **before 1957 in countries other than the U.S.**:
 - **1** dose of MMR; or
 - Laboratory tests to confirm immunity to measles, mumps and rubella.

We suggest that your employees have their health care providers complete the enclosed *Certificate of Immunization* to document immunity to measles, mumps and rubella. Please review the enclosed materials, which describe how to document immunity. If you have any questions, call the Massachusetts Department of Public Health (MDPH) Immunization Program at (617) 983-6800.

ADDITIONAL IMMUNIZATION RECOMMENDATIONS FOR STAFF

The MDPH Immunization Program also *recommends*:

- 1) all staff receive a single dose of Tdap vaccine as soon as possible and then continue with a Td booster every 10 years;
- 2) all staff who do not have a reliable history of chickenpox disease (personal recall, physician diagnosis, or laboratory test) receive varicella vaccine; and
- 3) pertinent staff (those whose responsibilities may include first aid) be offered hepatitis B vaccine.
4. all staff receive a dose of seasonal flu vaccine annually.

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	Born before 1957, in the U.S.*	Born in or after 1957, regardless of country of birth	Born before 1957, in countries other than the U.S.
Measles	N/A	2 doses	1 dose
Mumps	N/A	1 dose	1 dose
Rubella	N/A	1 dose	1 dose

* It is recommended that women who could become pregnant receive 1 dose of MMR vaccine, regardless of age.